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**هەرێمی کوردستان- عێراق
زانکۆی لوبنانی فەرهنسی
کۆلیژی کارگیری و ئابوری
بەشی کارگیری کار**

**The Consequences Of Late Sleeping Habits On Health
And Their Long-Term Effects
On Academic Performance:**

A Case Study In Lebanese French University

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