**Operation Research**

**Second Stage – First Semester**

**Asst.Lec. Shirin Jamal**

**Academic Year: 2022-2023**

**Course Book**

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| **S. No.** | **Information** | **Details** |
|  | **Course Name** | Personal and Professional Development in Healthcare |
|  | **Course Code** | HA201MAE |
|  | **Lecturer In-charge** | Full-Time |
|  | **College/Department** | Administration and Economics/Health and Hospital Administration |
|  | **Contact Information** | Shirin.jamal@lfu.edu.krd |
|  | **Time (in hours) per Week** | 3 Hours |
|  | **Office Hours** | Wednesdays 10:00-2:00 |
|  | **Teacher’s Academic Profile** | https://staff.lfu.edu.krd/faculty/shirin.jamal |
|  | **Academic Title** | Asst.Lecturer |
|  | **Keywords** | Professional, Development, Healthcare, core competence, personal, improvement. |
|  | * **Course Overview:**   **An overview of professionalism with modern health concepts and healthcare**  **development.**  **Explores perceptions of what professionalism looks like and suggests ways of**  **facilitating and developing professionalism within the healthcare specialty.** | |

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| **12.** | **Aims & Objective:**  **At the end of this course, students will be able to:**  **Learn about all types of professionals understand the model of healthcare**  **professional development identify of CPD program**  **Develop the ability to work and understand with other healthcare teams.**  **Through professional development, you are: more productive, efficient, and**  **effective. able to reflect on your learning, highlight gaps in your knowledge, and**  **experience, and track your learning to chart your progress. better prepared to make**  **new contributions in your workplace.** |
| **13.** | **Course Requirement: Core Course** |
| **14.** | **Teaching and Learning Method: Learning takes place theoretically by giving the students materials from the lecturer, in addition to giving them different examples to provide the students with more knowledge that they need.** |
| **15.** | **Assessment Scheme:**   * 25 % Mid-term Examination * 15 % Assignments and Quizzes * 60 % Final Examination |
| **16.** | **Students Learning Outcome:**  **By the end of the course, students should be able to describe.**  **Define the concepts of health and healthcare, professionalism, and**  **development, teamwork, job, CPH, and healthcare specialty.**  **Identify the model of the healthcare professional development Describe the**  **healthcare teamwork n different settings.** |
| **17.** | **Course Reading List and References**  Course Reading List and References: |
| **18.** | **Course Content** |

**Course Content**

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| **S. No.** | **Lecture Week** | **No. of Hours** | **Topics** |
| 1. | Week 1 | 3 | An overview of the subject & what personal development is? |
| 2. | Week 2 | 3 | The benefits of personal development in detail |
| 3. | Week 3 | 3 | Student’s seminar about the subject |
| 4. | Week 4 | 3 | Professional development and CPD, Benefits of CPD – to you |

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| 5. | Week 5 | 3 | Benefits of CPD – to your organization, Self-reflection with examples and case studies |
| 6. | Week 6 | 3 | Maslow’s hierarchy of needs, Fixed and growth mindsets, Transferable skills |
| 7. | Week 7 | 3 | Student’s seminar about the three last weeks subjects |
| 8. | Week 8 | 3 | Hard and soft skills, Individual strengths and weaknesses |
| 9. | Week 9 | 3 | Midterm exam and SWOT analysis. Planning and reviewing cycle, Planning and reviewing cycles – benefits |
| 10. | Week 10 | 3 | Personal Development Planning (PDP) ( Midterm Exam) |
| 11. | Week 11 | 3 | What will you Learn and Do? Personal and Professional Development Planning Units |
| 12. | Week 12 | 3 | Student’s seminar about the subject |
| 13. | Week 13 | 3 | Self Evaluation and Reflection, Setting Goals Helps Us too: |
| 14. | Week 14 | 3 | Chapter review |
| 15. | Week 15 | **Final Examination** | |

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| **19.** | **Examinations:**   1. Critical thinking questions 2. List them with examples 3. Drawing with explanation |
| **20.** | **Course Policy:**   * There will be many activities going on throughout the course period in order to ensure and guarantee the learning outcomes. Therefore, students are expected to pay full attention and participate in all classroom activities in order to maximize their learning and understanding. |
| **21.** | **Note:**   * Seek help from the lecturer or your classmates whenever you need to. * Time spent in learning is never wasted, however, make sure that you make it enjoyable. * Keep a personal notebook to write down your notes in the lectures. Don’t rely on your friend’s notes as each one of you is different and has different learning approaches. |